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CLAIMS

- 1. A shaving and moisturizing composition comprising about 70 to 95 % water, about 2 to 10 % humectant, about .25 to 5 % silicone lubricant, and .01 to 5 % sodium hyaluronate.
- 5 2. A shaving and moisturizing composition according to claim 1 comprising about 75 to 90 % water, about 3 to 7 % humectant, about 1 to 3 % silicone lubricant, and .01 to .05 % sodium hyaluronate.
 - 3. A shaving and moisturizing composition according to claim 1 comprising about 70 to 87 % water, about 5 to 8 % humectant, about 2 to 4 % silicone lubricant, and .1 to 1.0 % sodium hyaluronate.
 - 4. A shaving and moisturizing composition comprising about 70 to 95 % water, about 2 to 10 % butylene glycol, about .25 to 5 % PEG8 dimethicone, .01 to 5 % sodium hyaluronate, about .05 to .5 % conditioner, about .1 to 1.0 % preservative, and about .05 to .5 % allantoin.
 - 5. A shaving and moisturizing composition according to claim 4 comprising about 75 to 90 % water, about .05 to .5 % butylene glycol, about 1 to 3 % PEG8 dimethicone, .05 to 2 % sodium hyaluronate, about .08 to .4 % panthenol, about .05 to .1 % chlorphensesin, and about .05 to .5 % allantoin.
- 6. A shaving and moisturizing composition comprising about 70 to 86 % water, about 5 to 8 % butylene glycol, about 2 to 4 % PEG8 dimethicone, .1 to 1.0 % sodium hyaluronate, about .2 to .5 % panthenol, about .1 to .2 % chlorphensesin, and about .5 to 1.0 % phenonip, and about 1 to 5 % Canadian Willow Herb extract.

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- 7. A shaving and moisturizing composition comprising about 70 to 95 % water, about 2 to 10 % proplylene glycol, about .25 to 5 % PEG8 dimethicone, .01 to 5 % sodium hyaluronate, about .05 to .5 % panthenol, about .1 to 1 % chlorphensesin, about 3 to 5 % Canadian Willow Herb extract, about .001 to .01 % licorice extract, and about .0001 to .001 % olive leaf extract.
- 8. A shaving and moisturizing composition according to claim 7 comprising about 75 to 90 % water, about 3 to 7 % proplylene glycol, about 1 to 3 % PEG8 dimethicone, .01 to .05 % sodium hyaluronate, about .05 to .1 % panthenol, about .05 to .1 % chlorphensesin, about 1 to 5 % Canadian Willow Herb extract, about .1 to 1 % licorice extract, and about .05 to .1 % olive leaf extract.
- 9. A shaving and moisturizing composition comprising about 70 to 95 % water, about 2 to 10 % humectant, about .5 to 10 % polytetrafluoroethylene, and .01 to 5 % sodium hyaluronate.
- 10. A shaving and moisturizing composition according to claim 9-comprising about 75 to 90 % water, about 3 to 7 % humectant, about 2 to 7 % polytetrafluoroethylene, and .01 to .05 % sodium hyaluronate.
- 11. A shaving and moisturizing composition comprising about 70 to 87 % water, about 5 to 8 % humectant, about 4 to 6 % polytetrafluoroethylene, and .1 to 1.0 % sodium hyaluronate.
 - 12. A method of shaving hair on a surface area comprising:
 applying a shave composition to the surface area;
 - shaving hair on the surface area after applying the shave composition wherein a hydration time for the hair to soften is between one and two minutes; and spreading residual shave composition on the surface area.
- 30 13. A method as recited in claim 9 further comprising applying water to the surface-

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area

- 14. A method as recited in claim 9 wherein the composition contains one or more alkaloid-heavy extracts.
- 5 15. A method as recited in claim 9 wherein the composition contains sunblock.
 - 16. A method as recited in claim 9 wherein the hydration time for the hair to soften is between one second and 60 seconds.
 - 17. A method of shaving hair on a surface area comprising: applying a shave composition to the surface area; shaving hair on the surface area immediately after applying the shave composition; and spreading on the surface area residual shave composition.
 - 18. A method of shaving hair from skin comprising:
 applying a hyaluronic acid based composition to the skin.
- 19. A method of shaving, conditioning and moisturizing the skin, comprising applying a hyaluronic acid based composition to the skin, shaving before soaking the skin with water, and rubbing the residual composition into the skin.
 - 20. A method of shaving comprising: showering thereby hydrating hair on a surface area making the hair softer; drying the hair on the surface area upon completion of showering;

applying a shaving composition to the surface area upon drying the hair within a time in which the hair on the surface area remains hydrated and without reapplying water to the surface area; and

cutting the hair on the surface area, such that cutting the hair is performed with reduced resistance.

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- 21. A method as recited in claim 20 further comprising:
- rubbing residual shaving composition on the surface area upon completion of cutting the hair.
- 22. A method of increasing the efficiency of a multiple blade razor, the method comprising:

applying a shaving composition containing sodium hyaluronate and a silicone lubricant onto a shaving area; and

shaving the shaving area using a multiple blade razor whereby resistance to cutting the hair on the shaving area is reduced and whereby a minimal amount of water is needed to rinse the multiple blade razor between shaving strokes.

- 23. A method as recited in claim 22 wherein applying a shaving composition further comprises hydrating the shaving area and clearing the shaving area of water.
- 24. A method as recited in claim 22 wherein shaving the shaving area using a multiple blade razor further comprises allowing the shaving composition to flow through an open flow blade design of the multiple blade razor.
- 25. A shaving kit comprising a multiple blade razor and a shaving composition containing sodium hyaluronate, a humectant, and a silicone lubricant.
- 26. A shaving kit as recited in claim 25 wherein the multiple blade razor is a Mach3 razor blade.
- 27. A shaving kit comprising a multiple blade razor and a shaving composition containing sodium hyaluronate, a humectant, polytetrafluoroethylene, and water.
- 28. A method of shaving using a Mach3 razor blade, the method comprising applying a shaving composition containing sodium hyaluronate, a humectant, and a silicone lubricant

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and using a reduced amount of water to rinse the Mach3 razor blade thereby increasing the number of times the razor blade can be used effectively.